Parkland Pirates Aquatic Club

Rock'n Reindeer 2026

December 5-6, 2026

Date: December 5-6, 2026
Level 2 Timed Final Event
Location: TransAlta Tri Leisure Centre, 221 Jennifer Heil Way, Spruce Grove, Alberta
Meet Management & Entries: Kristin Tucker & Alyssa van Keulen – meetmanagerppac@gmail.com
Club Contact: Francois Coetzer - headcoachppac@gmail.com
Officials Coordinator: Jamie Hallowes - ppacofficials@gmail.com.
Referee: Angie Melnyk - melnykangie@gmail.com

Session#1 **Saturday December 5, 2026**	**Session #2** **Sunday December 6, 2026**
Warm up: 2:00pm – 2:50pm *Racing: 3:00pm*	Warm up: 2:00pm – 2:50pm Racing: 3:00pm
100 IM 200 Freestyle 50 Breaststroke 100 Backstroke 200 IM 50 Freestyle 100 Butterfly 200 Breaststroke 400 Freestyle	200 Backstroke 50 Butterfly 100 Freestyle 200 Butterfly 50 Backstroke 100 Breaststroke 400 IM 800 Freestyle

Meet management reserves the rights to alter or change the meet format as needed, delete, combine and/or move events between sessions to ensure timely and efficient running of the meet. Any changes shall be communicated to those affected as soon as possible

Facility

TransAlta Tri Leisure Centre
221 Jennifer Heil Way, Spruce Grove, Alberta
10 lane 25m pool
Free parking
Upper level seating for spectators; spectators are NOT permitted on deck

Entries

Entry Deadline: November 23, 2026
Scratch Deadline: November 23, 2025
Minimum # of Entries: 50

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Maximum # of Entries: 300

Entry Fee: $15.00 per entry
Maximum 4 entries per session
Withdrawals will not be refunded after the entry deadline

Cheques can be made payable to Parkland Pirates Aquatic Club
E-transfers can be sent to: treasurer@parklandpirates.com

All entries must be submitted through the Swimming Canada online system. Swimmer Deck Entries may be permitted by Meet Management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

Deck entries may be accepted at the discretion of meet management

Deck entries will be charged double the entry fee

Seeding

Heats will be swum MIXED gender, FASTEST to SLOWEST

800m Entries

The 800m event will be restricted to 3 full heats (a maximum of 30 entries). If entry limits are exceeded, Meet Management reserves the right to limit entries in order to accommodate swimmers from all participating clubs.

For scheduling and planning purposes, **No Times will not be accepted for this event.**

Positive Check In will be required

Age Categories

Girls: 10 and under, 11-12, 13+
Boys: 10 and under, 11-12, 13+

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Eligibility	This competition is open to swimmers currently registered with Swim Canada or a World Aquatics affiliated club. No time entries will be accepted, estimated time are appreciated
Rules	The meet will be conducted under published WORLD AQUATICS and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
Dive Rules	Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.
Competition and Diving Readiness Standards	Entry for the competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.
Warm Up	Swimming Canada competition warm-up safety procedures will be in effect at this meet. The full details on the Competition Warm-Up can be found HERE
Safe Sport	All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others
Scratches	The Swim Alberta scratch rule will be in effect for this competition. Scratches made after the deadline will not be refunded.
Results	Heat sheets and unofficial results will be uploaded to Meet Mobile. Official results will be sent to Swim Canada at the end of the meet.

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Awards	Heat winner prizes will be awarded Best time ribbons will be awarded to athletes 12 and under
Swimwear at Competitions:	Swimwear at Competitions: All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
Photography/Videography:	To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. The full details on the Event Photography and Videography Procedure can be found HERE
Officials:	Clubs entered in the meet are encouraged to supply officials or timers to participate. Officials briefing room and hospitality will be located on the second floor next to the concession. Please submit your interest to ppacofficials@gmail.com.
Hospitality	Hospitality will be provided to coaches and officials. In an effort to be environmentally conscious we encourage everyone to bring refillable water bottles.

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